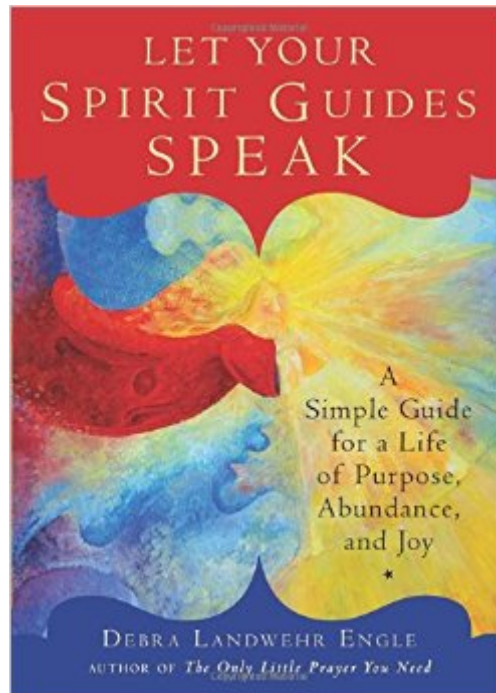


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# Let Your Spirit Guides Speak: A Simple Guide For A Life Of Purpose, Abundance, And Joy



## Synopsis

"Live without your spirit guides and you miss out on an enormous support system that could make your life infinitely easier and more enjoyable." This is a clear and thoughtful introduction to building relationships with your spirit guides. It shows readers how helpful spirit guides and angels can be in everything from the simplest to the most challenging of life decisions and how easy they are to connect with, too. Our spirit guides help us to: Fulfill our purpose Make decisions that will move us forward faster Stop sabotaging ourselves as well as judging ourselves and everyone else Remember that we are more than our job or house or relationship See ourselves as beautiful and everything in life as a gift Give ourselves and everybody else a break Keep growing until the day we leave our bodies behind Go beyond the life we hoped for and onto the life we never even imagined And they do all of these things when we're ready and not a nanosecond before. They also often come quietly. As the author states: "If we expect help from Spirit to arrive with the sound of trumpets and blinding light, we'll overlook all the nuanced help that's delivered in small ways every day."

## Book Information

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## Customer Reviews

Have you ever felt nudged in a new direction, or thought you heard a whisper in your ear? Don't worry you're not crazy! Debra Engle explains in *Let Your Spirit Guides Speak* and better yet, she shows you how to get to know your guides better. Beautiful, instructive, and enlightening from start to finish, my copy is tabbed, noted, highlighted and dog-eared upon my first read. I've been waiting for this gentle guidance and I'm delighted! Thank you Debra Engle, and many thanks to the Guides!!

This is the most comforting and spiritually practical book I have ever read! The author reminds us If we can remember the support that is constantly available to us in every moment, our individual lives can be transformed - and therefore the world. Chalk full of simple easy-to-follow tips and instructions, supported by real-life examples and stories, you'll find yourself open to more possibility than you ever imagined.

Reading this book feels like sitting across the table from the author over a cup of tea (and lemon bars!) - authentic, funny, and wise. I am grateful for this honest and accessible discussion about communicating with spirit guides, in which we are invited to connect with our own mystical selves through a simple process with examples from the real world. This book will open up conversation about a topic many of us kept to ourselves, as well as a whole new way of being, if you're willing.

This is a great introduction to the reality of spirit guides in our lives. Written in a very approachable, comfortable style, Debra not only shares her own enriching experiences, but also introduces us to her guide, Ella, who shares the love and support that is available to all of us. I loved the 'how to connect' steps, and can't wait to meet my own 'team' of guides! Thank you for such a powerful introduction to the possibilities that await!

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